

KARURA FOREST ENVIRONMENTAL EDUCATION TRUST SCHOOL PROGRAMS

All programs support tree growing (planting and maintenance) if the season is conducive. Please see attached link with further information.

Ages 5-7

Mini beasts	Children are given a short presentation about the benefits of insects and learn some fun facts about the insects that live all around us.	Activity includes a 'insect hunt' using laminated cutouts of the insects discussed, and a checklist followed by a real insect hunt with a guide in the forest.
Birds of the forest	The session begins with a short introduction, in our auditorium. to general facts about birds.	Followed by a walk in the forest with a Karura bird checklist and a knowledgeable guide.
Animals of the forest	A short interactive session on the different animals found in the forest including nocturnal animals.	A fun animal 'treasure hunt' that includes a walk through the forest and a checklist.
Living things and their habitats	Using Karura as their classroom, children learn about a simple food chain and learn to identify some sources of food in the forest.	One of our guides will help the children find different plants in the forest and help make links to primary, secondary, final consumers and decomposers.
Wangari Maathai	Children will learn about this extraordinary woman and her connection to the forest.	Activity includes tree planting (if the season is suitable) and/or a walk in the forest.
Caring for the environment	A simple introduction to the forest and the benefits of a clean environment.	Fun quiz that teaches children about items that can be recycled and others that cannot. Walk with a guide.

Nocturnal animals (late afternoon session- 5pm start)	A book reading of Karura At Night with the author.	Question and answer session followed by a walk in the forest to find and identify nocturnal animals.
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Ages 7-11

Insects of the forest	Children have a short presentation of the life cycle of some insects, with a focus on the vital role they play in the ecosystem.	Forest walk includes looking for the different habitats that insects inhabit in the forest and why.
Birds of the forest	Students learn about the characteristics of birds with a focus on how the birds contribute to the well-being of the forest.	A bird walks with an experienced guide who will help to identify the different birds of Karura's different habitats.
Animals of the forest	Children are introduced to the animals of the forest and link their needs to the environment where they live.	Walking through the forest, children are helped to identify the different animals that live here,(with the aid of a checklist) and make links to basic needs of food, shelter and water.
Habitats	A short presentation is given explaining the different habitats of Karura, the aim is to help identify them in the forest.	Armed with notepads or clipboards the children on their walk identify the different habitats and make notes/drawings of the different things that live there.
Wangari Maathai	Children will learn a short history of the forest and about this extraordinary woman and her connection to the forest.	Activity includes tree planting (if the season is suitable) and/or a walk in the forest.
Caring for the environment	Children learn about the importance of Karura to the residents of the city and all the animals that live in it.	Quiz and discussion time.

	Using the forest as a resource to discuss environmental protection.	Guided walk includes areas of forest restoration and other activities that protect and preserve.
Nocturnal animals (late afternoon session- 5pm start)	A book reading of Karura At Night with the author.	Question and answer session followed by a walk in the forest to find and identify nocturnal animals.